

## Menu week 6

**Monday:** Homemade Veg soup (1,7,9)

**Dinner:** Spicy sausage pasta (1,7,9) Mash and veg soup also for baby room (1,7,9)

**Dessert:** Tray bake (1,3,7)

**Snack:** Crackers ham & cheese (1, 3, 7, 12)

**Tea:** Fish fingers & spaghetti & bread and butter (1,4,7)

**Tuesday:** Veg soup (1,7,9)

**Dinner:** Beef stew and mash (1,3,7) Dessert: Cookies (1,3,7)

**Snack:** Healthy Muffins (1,3,7,12)

**Tea:** Drop scones & fruit (1,3, 7)

**Wednesday:** Veg soup (1,7,9)

**Dinner:** Spaghetti Bolognese (1,7,9)

**Dessert:** Fresh Fruit (1,3,7)

**Snack:** Fruit

**Tea:** Sausages, beans & bread & butter (1, 3, 7, 12)

**Thursday:** Veg soup (1,7,9)

**Dinner:** Chicken goujons, mash, sweet corn & gravy (1,6,7)

**Dessert:** Tray bake (1,3,7)

**Snack:** Custard & Stewed Apple or Rice & Peaches (7) Non dairy rice/custard also

**Tea:** Lasagne (1,7,9)

**Friday:** Veg soup (1,7,9)

**1st Dinner** Chicken stew & mash (1,3,7)

**Dinner:** Chicken pasta bake (1,3, 7,9) **Dessert:** Jelly & Ice-cream (3,7)

**Snack:** Greek yogurt with strawberries for baby room (7) Smoothies for preschool (7)

**Tea:** Selection of finger food (1, 3, 7, 12)

1.Cereals	2.Crustaceans	3.Eggs	4.Fish	5.Peanuts
6.Soyabeans	7.Milk	8.Nuts	9.Celery	10.Mustard
11.Sesame seeds	12.Sulphur Dioxide & Sulphites	13. Lupin	14.Molluscs	